

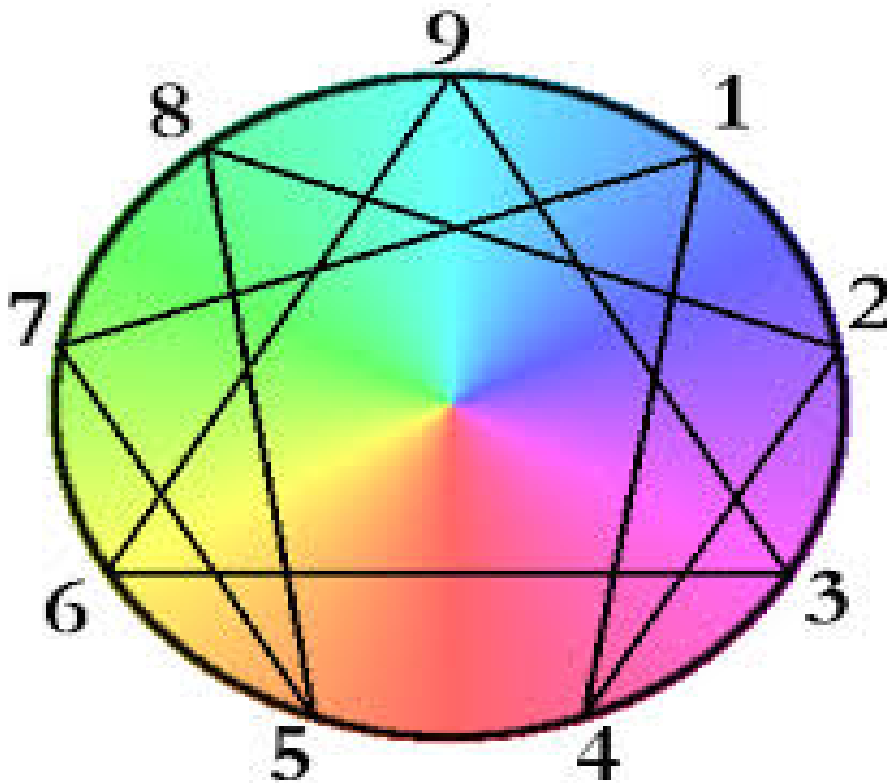
# Enneagram - A Journey In Self Discovery

## A Two Days exploration Program

Dates: February 24<sup>th</sup> & 25<sup>th</sup>

Venue: Mumbai

### The Enneagram



The Enneagram is a rich and practical study of personal growth based on ancient teachings of mysterious origins. Today, this study has a modern overlay of psychological typing rooted in these ancient teachings.

The Enneagram of personality describes nine distinct types. Each personality type is defined by a chief mental and emotional concern which underlies the development of the personality and highly influences the life experiences of the person who falls under that particular Enneagram type.

## What Is It?



The word Enneagram is of Greek origin and refers to a diagram with nine points or lines. It is an ancient teaching of mysterious origins which is said to represent every process of creation and renewal. The Enneagram is taught as a technology or system of human development, self-discovery, spiritual growth and self-actualization.

The Enneagram, today, is most often presented as a system of personality types. Each personality type is characterized by specific patterns of thought, speaking style, feelings, emotions, sensations, and belief systems which are universal to the type.

The Enneagram tradition defines personality as the lifetime accumulation of thinking and feeling patterns which form the personality which the personal believes himself or herself to be and presents to the world. These patterns include, but are not limited to, habitual ways of thinking, believing, perceiving, and feeling.

## Why Should you Attend?



### ***Knowledge and understanding of the Enneagram can enable you to:***

Become a happier & more effective as a person.

Identify unconscious patterns that trigger reactions and drive one's life.

Observe the patterns internally.

Detach attention from the patterns.

Cope with issues and reduce suffering.

Improve personal, family and work relationships.

Discover latent talents and abilities which speak to one's purpose

If you are on a journey towards Success as a Leader, Enneagram as a tool helps you to explore for yourself, the strengths, the limitations, the possibilities and the boundaries that you have drawn for yourself.

If you are in a helping profession (HR, Coach, Teacher, Doctor, etc) this knowledge will help you to serve your clients and customers better by understanding their type and offering to them what they truly need.

We have already trained 24 delegates who are using the learning in their own work areas.

### **You will be provided with a Certification of Participation**

Fees: Rs 20,000/- plus GST @ 18% for the two days program

Early bird price: Rs.17,000 plus GST @ 18% for the two days program (Payment on or before 15<sup>th</sup> Feb 2018)